# Mountain Weather Forecast

## Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Friday 07 Jul 2023 until 23:59 on Saturday 08 Jul 2023

Forecast Issued on Friday 07 Jul 2023 at 04:21 by Met Office Aberdeen

**Confidence:** Generally high on Friday, but low for risk of thundery showers in the afternoon. Low for details and timings Saturday. Medium for details from Sunday due to changeable conditions.

**Headline for Friday 07 Jul 2023:** Low cloud and rain in the morning. Drier in the afternoon, brightening up later.

**Mountain weather hazards on Friday 07 Jul 2023**

**Blizzards**
No Likelihood

**Heavy persistent snow**
No Likelihood

**Storm force winds**
No Likelihood

**Gales**
No Likelihood

**Severe chill effect**
No Likelihood

**Poor visibility**
Medium Likelihood

**Thunderstorms**
Low Likelihood

**Heavy persistent rain**
Low Likelihood

**Strong sunlight**
No Likelihood

| **Weather and chance of precipitation at 800m** | | | | | |
|---|---|---|---|---|---|
| Time | | | | | |
| 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 |
| | | | | | |
| Heavy Rain | Heavy Rain | Drizzle | Light rain | Cloudy | Partly cloudy (night) |
| Precipitation probability | | | | | |
| 80% | 70% | 40% | 30% | 20% | <05% |

**Forecast for Friday 07 Jul 2023**

**Weather:** Cloudy through the morning with outbreaks of rain and drizzle, although largely dry in the far north towards Ben Hope. Becoming mainly dry from midday although a few heavy showers possible in the afternoon giving a low risk of thunder. Some sunny spells possible by evening. Increasingly clear skies overnight.

**Chance of cloud-free hill tops above 800m:** 20% much of the morning, becoming 80% by the end of the afternoon.

**Low cloud and visibility:** Extensive cloud, base 300 to 600m much of the morning, the lowest and most persistent cloud over Knoydart, Skye and the south, some higher bases over Ben Hope in the north. The cloud lifting and breaking above the summits through the afternoon. Visibility moderate to very poor at first, becoming good or very good through the afternoon and evening.

Check our weather forecast every day to get the most accurate and up to date information
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# Mountain Weather Forecast

**Forecast for Friday 07 Jul 2023**

| Height (m) | Wind Speed mean/gusts (mph) Wind Direction (blowing from) | | | | | | |
|---|---|---|---|---|---|---|---|
| | 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 | 00:00 |
| **1000** | 28/32 S | 24/29 S | 31/39 S | 30/38 S | 29/36 S | 29/34 SE | 27/33 SE |
| **900** | 26/30 S | 22/26 S | 29/37 S | 28/36 S | 27/34 S | 24/30 SE | 23/30 SE |
| **600** | 18/22 S | 16/21 S | 21/29 S | 20/28 S | 19/27 S | 15/21 SE | 18/24 SE |
| **300** | 2/20 S | 2/17 S | 8/27 S | 8/27 S | 7/23 S | 3/17 SE | 3/18 E |
| **Glen** | 7/18 S | 7/15 S | 12/25 S | 13/26 S | 10/22 S | 7/18 SE | 12/21 E |

| Height (m) | Temperature / Feels Like (°C) | | | | | | |
|---|---|---|---|---|---|---|---|
| | 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 | 00:00 |
| **1000** | 9/5 | 10/6 | 11/7 | 12/7 | 12/8 | 12/8 | 12/7 |
| **900** | 10/6 | 11/7 | 12/8 | 13/8 | 13/9 | 13/9 | 12/8 |
| **600** | 12/9 | 13/10 | 14/11 | 15/12 | 16/12 | 15/12 | 15/11 |
| **300** | 13/13 | 14/15 | 16/15 | 18/17 | 18/18 | 16/16 | 15/15 |
| **Glen** | 15/15 | 17/16 | 19/17 | 20/18 | 20/19 | 18/18 | 18/16 |
| **Freezing Level*** | 2900m | 3000m | 3100m | 3100m | 3000m | 2900m | 2800m |

**Level above which ground is expected to be frozen/snow is expected to settle.*

**Met Office Aberdeen Meteorologist's View**
Summit winds around 10mph stronger over the Cuillins. Low risk of thundery showers in the afternoon, but more likely should sunny spells develop.

**Forecast for Saturday 08 Jul 2023**
**Weather:** Mainly clear overnight then very warm sunny spells. However, heavy and thundery showers are likely during daylight hours, most likely spreading north in the afternoon, with heaviest downpours in the evening, but some uncertain in timings. Windy, strong to gale force over the summits, and strong sudden gusts near heavy showers.

**Maximum wind:** Southeast 35mph, gusting 45-50mph, easing to 25 gusting 30 mph in the evening.

**Chance of cloud-free hill tops above 800m:** 90%, lowering 40% in and around thundery downpours.

**Low cloud and visibility:** Mainly no significant cloud, but lowering onto the summits in heavy, thundery showers. Visibility good or very good falling poor or very poor in heavy, thundery showers.

**Temperature:** **Glens:** Plus 14 Celsius rising 24 Celsius
**At 800m:** Plus 10 to 16 Celsius
**Freezing level:** Well above the summits

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